

Commissioned by and Dedicated to Carson Cooman

MUSIC FOR THE PSALMS

Psalm 16 (You Are My Portion and My Cup)

You are my portion and my cup; it is you who uphold my lot.
My boundaries enclose a pleasant land; indeed, I have a goodly heritage.
I will bless you who give me counsel; I will bless you.
You are always before me; because you are at my right hand I shall not fall.
My heart, therefore, is glad, and my spirit rejoices; my body shall also rest in hope.
For you will not abandon me. You will show me the path of life;
in your presence is fullness of joy. Alleluia, amen.

The Psalter from
The Book of Common
Prayer

♩ = 65 Transparent; unfolding;
as seamless as possible; stagger breathing.

Patricia Van Ness
Score rev. 23 October 2013

The musical score is written in 4/4 time with a key signature of one sharp (F#). It features six vocal parts: Soprano 1, Soprano 2, Chant Line (unison singers from any parts), Alto, Tenor, and Bass. The Chant Line part includes the lyrics: "You are my por-tion and my cup, you are my por-tion and my cup, it is". The score includes dynamic markings such as *mf* *sempre molto legato* and *mp* *sempre molto legato*, and performance instructions like "stagger breathing". The lyrics "Lu" are written below the Alto, Tenor, and Bass parts.

5 *mp* *sempre molto legato* *mf*

S.1
Lu lu

S.2
Lu lu lu

Chant Line
you who up-hold my lot. My bound'ries en close a pleas-ant land, in - deed I have a

A.
lu lu lu

T.
lu lu

B.
lu lu lu

9 *mp*

S.1
lu lu

S.2
lu

Chant Line
good - ly her-i tage. I will bless you whogives me coun-sel; I will bless you.

A.
lu lu

T.
lu

B.
lu

13 **A**

S.1 *mp*
lu lu

S.2 *mp*
lu lu lu

Chant Line *mf*
You are al-ways be-fore me, you are al-ways be-fore me; be-cause you are at my

A. *mp*
lu lu lu

T. *mp*
lu lu

B. *mp*
lu lu lu

17 *mf* *mp*

S.1
— lu — lu — My

S.2
— lu — lu — My

Chant Line
right hand, I shall not fall.

A.
— lu — lu — (lu —

T.
— lu —

B.
— lu — lu — lu —

22 **B**

S.1
heart there-fore is glad, my heart there-fore is glad spir - it

S.2
heart there-fore is glad my heart there-fore is glad spir - it

Chant Line
My heart there-fore is glad and my spir - it

A.
My spir - it spir - it

T.
(it spir - it

B.
My spir - it

26 *f* Continue forte to end except as marked.

S.1
— joy — joy — joy — joy —

S.2 *f* Continue forte to end except as marked.
re - joic - es you will not a - ban - don

Chant Line *f* Continue forte to end except as marked.
re - joic - es, for you will not a - ban - don

A. *f* Continue forte to end except as marked.
re - joic - es for you will not a - ban - don

T. *f* Continue forte to end except as marked.
re - joic - es for you will not a - ban - don

B. *f* Continue forte to end except as marked.
re - joic - es you will not a - ban - don

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S.1
joy _____ You life pres - ence full - ness

S.2
me _____ pres-ence is full - ness

Chant Line
me. _____ You will show me the path of life; in your pres-ence is full-ness of

A.
me _____ life; in your full- ness _____ of

T.
me _____ In your pres ence is full- ness _____ of

B.
me, _____ In your pres ence is full - ness of

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S.1
joy joy of joy. Al

S.2
joy joy of joy.

Chant Line
joy joy of joy.

A.
joy joy of joy.

T.
joy joy joy of joy.

B.
joy joy joy of joy.

mf

41 *f*

S.1
- le - lu - ia a - - - - - men!

S.2
f
Al - le - lu - ia a - - - - - men!

Chant Line
f
— Al - le - lu - ia a - - - - - men!

A.
f
— Al - le - lu - ia a - - - - - men!

T.
f
— Al - le - lu - ia a - - - - - men!

B.
f
Al - le - lu ia a - - - - - men!